



***“Catch the Dream”***  
**...Life Without Diabetes!**



**STRIDES - Physical Activities  
Challenge -  
For Diabetes Awareness**

**A Minnesota Lions Diabetes Foundation Event**

**\* You Choose Your Activities \* 2,000 Steps Equals 1 Mile \***

Register/Donate OnLine at [www.MNLionsDiabetes.org](http://www.MNLionsDiabetes.org)

- Or complete this form -

CLUB NAME: \_\_\_\_\_ DISTRICT \_\_\_\_\_

TEAM NAME: \_\_\_\_\_

INDIVIDUAL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

AMOUNT: \$1,000 \_\_\_ \$250 \_\_\_ \$100 \_\_\_ \$50 \_\_\_ \$25 \_\_\_ OTHER \$ \_\_\_\_\_

MAIL TO: MINNESOTA LIONS DIABETES FOUNDATION ATTN: TREASURER JOEL ANDERSON  
16622 SYCAMORE ST NW, ANDOVER, MN 55304

**Thank You for Your Support!**